

HEART HEALTH: A CRITICAL FOCUS FOR PATIENTS OF ALL AGES

At Adoration Home Health & Private Duty Nursing, we recognize that heart health is essential for individuals of all ages, from the youngest children to older adults. In Tennessee, where heart disease is a leading cause of death, proactive care and early intervention are vital to improving patient outcomes. Whether your loved one is recovering from surgery, managing a congenital heart condition, or requires ongoing support due to chronic illness, our skilled nursing team is dedicated to delivering compassionate and evidence-based care to enhance quality of life.

Heart Health in Pediatrics

Children with congenital heart defects (CHDs) represent one of the largest groups requiring specialized care. Nearly **40,000 infants** in the U.S. are born with CHDs each year, making it the most common type of birth defect (Centers for Disease Control and Prevention [CDC], 2022). Advances in medical care have significantly improved survival rates, with nearly 85% of children with CHDs now reaching adulthood (Marelli et al., 2016). However, ongoing care is crucial to monitor growth, development, and potential complications.

Our private duty nursing services provide tailored support for pediatric patients with heart conditions, ensuring they receive expert monitoring, medication administration, and coordinated care—all in the comfort of their homes.



Supporting Adults with Heart Conditions

Adults with heart disease also face challenges requiring coordinated, patient-centered care. In Tennessee, over **14% of adults** report being diagnosed with coronary heart disease or experiencing a heart attack (Tennessee Department of Health, 2021). Access to skilled nursing care at home can significantly improve management of these conditions, helping to prevent hospitalizations and reduce healthcare costs.

Our home health services support adults in managing conditions such as heart failure, hypertension, and post-surgical recovery. Through our multidisciplinary approach, we focus on patient education, medication adherence, and therapy to promote long-term health and independence.



Why Choose Adoration?

Adoration Home Health & Private Duty Nursing is uniquely positioned to provide expert care to patients across Tennessee. We offer:

- Skilled nursing care customized to meet the needs of each patient, with expertise in pediatric and adult heart health.
- Multidisciplinary collaboration with healthcare providers to ensure seamless care coordination.
- Compassionate, in-home care that supports the whole family and promotes peace of mind.

Partner with Us

Whether you're a medical professional seeking a trusted partner for referrals or a family searching for exceptional care, Adoration Home Health & Private Duty Nursing is here to help. Contact us today to learn how our team can support your loved one's journey to better heart health.

Next Steps

Take the first step toward improving heart health for your loved ones by reaching out to Adoration Home Health & Private Duty Nursing today. Call us at or visit our website at AdorationHealth.com to learn more about our services and how we can support your family.

References

Centers for Disease Control and Prevention. (2022). *Facts about congenital heart defects*. Retrieved from <https://www.cdc.gov>

Marelli, A. J., Ionescu-Ittu, R., Mackie, A. S., Guo, L., Dendukuri, N., & Kaouache, M. (2016). Lifetime prevalence of congenital heart disease in the general population from 2000 to 2010. *Circulation*, 138(4), 254-261.

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